



CHUCK McMAHON MEMORIAL MASTERS TRACK & FIELD MEET

San Diego/Imperial USATF Association Championship

Hosted by the San Diego Track Club and CSU San Marcos

This is a USATF sanctioned meet

Cal State University San Marcos

333 S. Twin Oaks Valley Rd., San Marcos, CA

Saturday, July 17, 2010, 8:00 a.m.



Fast all-weather track. Free parking adjacent to track in dirt lot only. All other lots are subject to ticketing. Please call for details.

- PRE-REGISTRATION:** Must be postmarked by 7/12 for all mail-in registration
On-line registration available at DirectAthletics.com till 7/15
- ENTRY FEE:** \$20 first event, \$5 each additional event. Proceeds benefit the CSUSM Athletic Program.
- DAY OF REGISTRATION** Day of Race Registration \$35 plus \$5 per event if space is available
- AGE:** Open to athletes 30+ years. San Diego-Imperial USATF Assoc. membership encouraged.
- ORDER OF EVENTS:** First event begins at 8:00 am. Women first - oldest to youngest in 5-year age groups for ages 30 & up. Races may be combined at meet director's discretion.
- AWARDS:** Medals to first 3 finishers in each age group.
USATF members receive Association Championship awards.
- DIRECTIONS:** Highway 78 to Twin Oaks Valley Road exit. South on Twin Oaks Valley Road about 1/4 mile. Campus parking is on left / east. Look for sign to identify dirt parking lot.

Name _____ Circle One _____ As of 7 / 17 / 10 _____ MO / DAY / YEAR
M / F Age _____ Birthdate ____ / ____ / ____

Address _____ Phone Number/(evening): (____) _____

City/State/ZIP _____ E-Mail Address: _____

San Diego/Imperial USATF Association Member? Yes No USATF Number: _____

EVENTS ENTERED

<u>Track Events (approx. times)</u>		<u>Field Events (approx. times)</u>	
8:00 a.m.	5000 m Run	8:00 a.m.	High Jump
8:40	80/100/110 m Hurdles		Long Jump
9:00	1500 m		Hammer Throw
9:40	400 m		Shot Put
10:00	100 m		
10:30	200 m/300m/400m Hurdles	9:00 a.m.	Pole Vault
11:00	50 m (non championship)		Discus
11:20	800 m		
12:00	200 m	11:00 a.m.	Javelin
12:20	2000/3000 m Steeplechase		Triple Jump

FEES ENCLOSED: Entry Fee (includes first event): \$20.00
additional events x \$5 per event: _____

Total amount enclosed: \$ _____

MAKE CHECK PAYABLE & MAIL TO:
San Diego Track Club
5838 Mission Center Rd, C, San Diego, CA 92123
E-mail: nanista.jennifer@gmail.com

For additional information, please contact Steve Kleinstuber (619) 244-7691 or kleinstuber@cox.net

TO REGISTER ONLINE DIRECTATHLETICS.COM

WAIVER: In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself, my heirs, executors and administrators, waive and release forever any and all rights, claims or damages I may accrue against, City of San Marcos, Cal State San Marcos, the SDTC, USATF Inc., USATF San Diego-Imperial and all sponsors of this meet, their successors, representatives and assigns, for any and all injuries suffered by me while traveling to and from the meet and while competing in the meet.

SIGNATURE: _____ DATE _____