

42nd Annual Series • CNW Summer All-Comers Track & Field • Meet 1 • Wednesday, May 26, 2010

Sponsored by NORTHWEST TRAIL RUNS

Series kid's ribbons sponsored by A Child Becomes Pre-School

Shoreline District Stadium, Shoreline, Washington

Cool, windy, on-and-off rain showers

OUTSTANDING PERFORMANCES

Male -- Dave McCary in the men's mile

Female -- Karen Steen (CNW) in the women's mile, only 5 seconds off the American age record.

TOTAL ENTRIES -- 200

Full disclosure financials -- \$1369 gate and passes income

FIELD EVENT RESULTS

Kid's High Jump

1. Chinne Okoronkwo (KTC/F12) 1.40m (4-7); 2. John Cramer Jr (un/M10) 1.05m (3-5 1/4); 3. Allysa Sewell (un/F12) 1.05m (3-5 1/4); 4. Aiden Smith (un/M10) 0.97m (3-2 1/4); 5. Emma Sewell (un/F10) 0.94m (3-1).

Men's High Jump

1. David Sargeant (un/M28) 1.80m (5-10 3/4); 2. Drew Thompson (un/M16) 1.70m (5-7).

Women's Pole Vault/Men's Pole Vault

Pole Vault results need some deciphering before they can be recorded.

Kid's Long Jump

1. Chinne Okoronkwo (KTC) 4.42m (14-6); 2. Stephanie Spiekerman (un/F14) 4.11m (13-5 3/4); 3. Allysa Sewell (un/F12) 2.69m (8-10); 4. John Cramer Jr (un/M10) 2.49m (8-2); 5. Aidan Smith (un/M10) 2.21m (7-3); 6. Sarah Sewell (un/F07) 2.08m (6-10); 7. Mercy Haub (un/F05) 1.82m (5-11 3/4); 8. Mason Tobey (CNW/M05) 1.67m (5-5 3/4); 9. Emma Sewell (un/F10) 1.63m (5-4 1/4); 10. Kaiden Sargent (un/M06) 1.36m (4-5 1/2); 11. Aaron Haub (un/M04) 1.29m (4-2 3/4); 12. McKenzie Sargent (un/F04) 0.50m (1-7 3/4); nm. Elijah Haub (un/M02).

Women's Long Jump

1. Stacia Martineau (un/F17) 3.95m (12-11 1/2).

Men's Long Jump

1. David Sargeant (un/M28) 6.24m (20-5 3/4); 2. Drew Thompson (un/M16) 5.00m (16-4 3/4); 3. Roger Vergin (CNW/M72) 3.91m (12-10).

Men's Triple Jump

1. Roger Vergin (CNW/M72) 8.14m (26-8 1/2).

Women's Shot Put

(4kg) 1. Megan Sargent (un/F26) 9.71m (31-10 1/4); 2. Anne Kenney (un/F18) 7.60m (24-11 1/4).
(3kg) 1. Connie Schmidt (un/F53) 10.38m (34-0 3/4).

Men's Shot Put

(16lb) 1. Zeb Hoffman (un/M30) 12.32m (40-5); 2. Zachary Domingues (un/M19) 10.16m (33-4).
(12lb) 1. Rick Kenney (un/M51) 11.02m (36-1 3/4); 2. Ponci Ortiz (un/M17) 9.88m (32-5).
(3kg) 1. Steve Ferriara (CNW/M21) 2.45m (8-0 1/2).

Women's Discus Throw

(1.0kg) 1. Jennifer Hoang (un/F17) 24.77m (91-1); 2. Cynthia Lysen (un/F43) 21.68m (71-1 1/2).

Men's Discus Throw

(2.0kg) 1. Zeb Hoffman (un/M30) 31.80m (104-4); 2. Zach Domingues (un/M19) 26.71m (87-7).
(1.6kg) 1. Rick Kenney (un/M51) 31.88m (104-7); 2. Ponci Ortiz (un/M17) 31.63m (103-9); 3. Goran Tumbic (un/M16) 28.27m (92-8); 4. Alex Senko (un/M17) 19.98m (65-6 1/2).

Women's Hammer Throw/Men's Hammer Throw

Results not received by date of results release.

42nd Annual Series • CNW Summer All-Comers Track & Field • Meet 1 • Wednesday, May 26, 2010

Kid's TurboJav™ Toss (*measured in yards*)

1. John Cramer Jr (un/M10) 22y; 2. Kaedin Sargent (un/M06) 10y; 3. Mason Tobey (CNW/M05) 7y; 4. Aaron Haub (un/M04) 3y; 5. Mercy Haub (un/F05) 3y; 6. McKenzie Sargent (un/F04) 2y; 7. Karson Sargent (un/M01) 1y.

Men's Javelin Throw

(800g) 1. Patrick Throckmorton (un/M18) 42.68m (140-0); 2. Goran Tumbic (un/M16) 34.20m (112-2); 3. Ponci Ortiz (un/M17) 33.08m (108-6); 4. Zach Domingues (un/M19) 23.58m (77-4 1/4).

(700g) 1. Rick Kenney (un/M51) 37.63m (123-5); 2. Russell Jacquet Acea (un/M57) 31.18m (102-3).

(600g) 1. Fred Luke (CNW/M63) 43.01m (141-1).

TRACK EVENT RESULTS

Kid's 100-meter Dash

1. Chinne Okoronkwo (KTC/F12) 13.9h; 2. Clinton Allen Jr (un/M12) 14.2h; 3. Matthew Ozman (un/M12) 14.6h; 4. Josh Voight (un/M09) 16.7h; 5. Allysa Sewell (un/F12) 16.8h; 6. John Cramer Jr (un/M10) 17.0h; 7. Aiden Smith (un/M10) 17.4h; 8. Emma Sewell (un/F10) 18.7h; 9. Sarah Sewell (un/F07) 18.9h; 10. Mason Tobey (CNW/M05) 22.3h; 11. Kaedin Sargent (un/M06) 25.9h; 12. Mercy Haub (un/F05) 26.3h; 13. Aaron Haub (un/M04) 30.9h; 14. McKenzie (un/F04) 32.3h; 15. Elijah Haub (un/M02) 56.3h; 16. Jordan Deshon (un/M02) 1:19.3h; 17. Karson Sargent (un/M01) 1:25.0h.

Kid's 50-meter Dash

1. Matthew Ozman (un/M12) 7.7h; 2. Josh Voight (un/M09) 9.0h; 3. John Cramer Jr (un/M10) 9.2h; 4. Mason Tobey (CNW/M05) 9.6h; 5. Emma Sewell (un/F10) 9.9h; 6. Sarah Sewell (un/F07) 10.3h; 7. Mercy Haub (un/F05) 10.8h; 8. McKenzie Sargent (un/F04) 11.0h; 9. Aaron Haub (un/M04) 13.5h; 10. Kaedin Sargent (un/M06) 14.1h; 11. Elijah Haub (un/M02) 25.4h; 12. Jordan Deshon (un/M02) 35.3h; 13. Karson Sargent (un/M01) 41.5h; 14. Leynna Okoronkwo (un/F01) 43.2h.

Kid's 200-meter Dash

1. Clinton Allen Jr (un/M12) 29.0h; 2. Matthew Ozman (un/M12) 29.4h; 3. Joey Villa (un/M11) 29.7h; 4. Sam Kunga (un/M10) 36.5h; 5. Allysa Sewell (un/F12) 37.1h; 6. Josh Voight (un/M09) 37.7h; 7. John Cramer Jr (un/M10) 38.7h; 8. Emma Sewell (un/F10) 42.1h; 9. Sarah Sewell (un/F07) 42.7h; 10. Mason Tobey (CNW/M05) 51.2h; 11. Mercy Haub (un/M05) 56.3h; 12. Kaedin Sargent (un/M06) 58.7h; 13. McKenzie Sargent (un/F04) 1:15.0h.

Kid's Mile Jog

1. Joey Villa (un/M11) 7:16.1h; 2. Sam Kanga (un/M10) 7:52.8h; 3. Kaedin Sargent (un/M06) 14:20.0h; two additional persons ran without having a result recorded.

Co-ed Mile Race Walk

1. Ann Tuberg (PPacers/F50) 8:52.3h.

Women's 100-meter Hurdles

(33") 1. Anne Kenney (un/F18) 18.6h.

(30") 1. Chinne Okoronkwo (KTC/M12) 19.3h.

Men's 110-meter Hurdles

(39") 1. Nathan Jewett (un/M17) 20.1h.

Women's 100-meter Dash

1. Connie Schmidt (un/F53) 17.1h.

Men's 100-meter Dash

1. Lucien Lekea (un/M19) 12.4h; 2. Clinton Allen Sr (un/M33) 12.7h; 3. Ryan Madsen (un/M17) 13.0h; 4. Mark Rozema (un/M48) 13.4h; 5. Art Turock (un/M60) 14.1h; 6. Will Leslie (CNW/M64) 14.5h; 7. Jerome Kidd Jr (un/M12) 14.6h; 8. Russell Jacquet-Acea (un/M57) 15.1h; 9. Roger Vergin (CNW/M72) 15.8h.

Co-ed Jogger's Mile (*listed by order of best prediction*)

1. John Greengo (un/M42) 6:40-6:40 **ZERO**; 2. Sharon Villa (un/F52) 10:00-9:52 **-8**; 3. Jack Prestrud (un/M51) 6:20-6:09 **-11**; 4. Mary Emond (un/F47) 8:30-7:17 **-1:13**.

42nd Annual Series • CNW Summer All-Comers Track & Field • Meet 1 • Wednesday, May 26, 2010

Co-ed 400-meter Relay

1. Old Guys (Clinton Allen Sr M33, Lucien Lekea M19, Markham Lee M34, Art Turock M60) 49.8h; 2. Ranger\$ (Devon Jackson M12, Ryan Madsen M17, Clinton Allen Jr M12, Jerome Kidd M12) 54.1h; 3. Young Group (Miya Kanga F13, Carlos Fontenot M23, Sam Kanga M10, Joey Villa M11) 58.1h.

Women's Mile Run

1. Karen Steen (CNW/F45) 5:11.2h; 2. Letiwe Patton (un/F31) 5:30.8h; 3. Annelie Fjortoft (un/F20) 5:43.7h; 4. Sherri Prather (CNW/F56) 7:28.2h.

Men's Mile Run

1. David McCary (un/M21) 4:16.3h; 2. Charlie Williams (un/M21) 4:24.5h; 3. Andrew Walker (un/M20) 4:25.4h; 4. Dan Hardebeck (un/M43) 4:49.9h; 5. Kyle Rasor (un/M18) 4:50.3h; 6. Tyler Davis (un/M25) 4:55.0h; 7. Bob Prather (CNW/M54) 4:57.1h; 8. Jose Guzman (un/M15) 5:00.8h; 9. Jeremy Rasor (un/M21) 5:02.1h; 10. Chris Magana (CNW/M27) 5:13.4h; 11. Jack Prestrud (un/M52) 5:14.6h; 12. John Greengo (un/M42) 5:16.3h; 13. Gurpreet-Singh (un/M17) 5:22.6h; 14. Tom Lucas (un/M42) 5:24.3h; dnf. Ryan Styrk (un/M21).

Men's 400-meter Dash

1. Ryan Madsen (un/M17) 56.0h; 2. Markham Lee (CNW/M34) 57.2h; 3. Clinton Allen Sr (un/M33) 58.3h; 4. Nathan Jewett (un/M17) 58.7h; 5. Mark Rozema (un/M48) 1:03.5h; 6. Perry Rodgers (un/M47) 1:06.1h.

Women's 800-meter Dash

1. Stephanie Spiekerman (un/F14) 2:30.4h; 2. Devin Erickson (un/M18) 2:45.9h.

Men's 800-meter Dash

1. Brett Withers (un/M22) 2:00.3h; 2. Chris Boyle (un/M19) 2:02.0h; 3. Zach Little (un/M28) 2:08.2h; 4. John Ruud (un/M41) 2:08.7h; 5. Mike Martinez (un/M41) 2:27.4h; 6. Army Stonkus (CNW/M55) 2:27.6h; dnf. Anthony Galvan (un/M18).

Co-ed 1600-meter Relay

1. Zags (Anthony Galvan M19, Andrew Walker M20, Brett Withers M22, Chris Boyle M20) 4:00.1h.

Women's 5000-meter Run

1. Letiwe Patton (un/F31) 19:36.0h.

Men's 5000-meter Run

1. Chris Magana (CNW/M27) 17:53.8h; 2. Pete Armstrong (un/M30) 17:59.3h; 3. Sam Gillman (un/M12) 18:04.8h; 4. John Greengo (un/M42) 18:12.1h; 5. Gurpreet-Singh (un/M17) 18:28.3h; 6. Joel Gillman (un/M47) 18:36.5h; 7. Mike Martinez (un/M41) 18:36.7h; 8. Brian Hodges (un/M33) 18:37.9h; 9. Tom Lucas (un/M42) 18:38.2h; 10. Jose Guzman (un/M15) 18:54.6h; 11. Marvin Gay (un/M39) 21:15.3h; 12. Paul Satushek (un/M50) 21:23.3h.

Events not held

Women's High Jump, Women's Triple Jump, Kid's Shot Put, Women's Javelin Throw, and Women's 400-meter Dash.