

## 2011 Masters Penn Relays Information

### Contact Information:

Phil Felton, the volunteer masters coordinator, 413 Alexander St., Princeton, NJ 08540 will take calls at 609-683-4115 (voice mail), and can also be contacted by e. mail at felton@princeton.edu. Penn Relays office is in Hutchinson Gym, University of Pennsylvania, Philadelphia, PA 19104-6322; phone (215) 898-6145 or 898-6154. Meet director is Dave Johnson.

### Entry:

**\$35.00 per team, \$20.00 for individual event**

For Masters entries - make checks payable to Philadelphia Masters.

For Masters entries – mail to Phil Felton, 413 Alexander Street, Princeton, NJ 08540

If not received by 5:00 pm, Friday, April 8th, by Phil Felton you risk having your entry rejected.

**Pursuant to Penn Relay rules, this is an application fee and is not refundable.**

### Basic information:

Penn Relays Masters events are for men and women **aged 40+** on the day of competition.

The meet is conducted at the University of Pennsylvania's historic Franklin Field, 33rd and South Streets, Philadelphia. Ten-lane straightaway, 1/4" spikes or less.

Masters events in 2011 are on April 29 and 30 (**Friday and Saturday**)

#### Provisional Timetable

Friday 12:27 a.m.: 4 x 100, men 40+

Friday 12:30 a.m.: 4 x 100, men 50+

Friday 12:32 a.m.: 4 x 100, men 60+ or women 40+ or any combination

Friday 2:55-3:10 p.m.: 100 dash (seven races) for men 40+, 45+, 50+, 55+, 60+, 65+, 70+

Friday 4:30 p.m.: 4 x 400, men 50+ or women 40+ or combination

Friday 4:35 p.m.: 4 x 400, women 40+

Saturday 3:50 p.m.: 100 dash, men 75+

Saturday 5:00 p.m.: 4 x 400 for men 40+ between USA vs World Men C& Women's 4x400 races!

Awards for first, second, and third places.

**ALL SCHEDULE TIMES ARE TENTATIVE. Please stay alert to the possibility of changes!**

### Qualifications:

M40, M45, M50, M55, M60, M65 & M70 100m. dashes are for elite sprinters. Preference given to competitors with excellent marks in meets between January 2010 and March 2011. For M75+ 100m. we will consider any sprinter who has run 18.8 (hand) or 19.04 (FAT) since January 2010.

Relay teams: Best available teams will be taken for the 4 x 100 races. *Any team with a qualifying time of 4:48.0 or better can run in the M50+ 4 x 400 on Friday afternoon. The Saturday afternoon 4 x 400 for men 40+ is very competitive; don't enter if you haven't run 3:44.0 (56.0 per man).*

**RELAY RULES:** Each team entry will be carefully scrutinized by the Penn Relays Masters Committee with two goals in mind: (a) promoting fair competition, and (b) ensuring full fields in both the relays and the individual dashes.

**On the entry form, you need to list the 6 members of your team.** *Beginning in 1998 the Penn Relays rule-book has stated that the 4 runners who actually compete for each masters team must be drawn from its list of 6 or the team will be disqualified immediately (in the event of unforeseen circumstances occurring contact Phil. Felton asap).*

*Also a runner can not be listed to run for two clubs, if this occurs I will approach the coaches of the two teams prior to seeding in order to resolve the dispute.*

### Check-in:

**If you are accepted, you or your team (plus coach) will be able to collect competitor's tickets at the Master's table located in the Palestra building (same as last year), please try to collect your packages in a timely manner as it will be difficult for us to man the table at all times. We hope to man the table from 8:00 until 3:00pm on Friday and 8:00 until 1:00pm on Saturday (building closing time).**

Relay teams check in 20 minutes before race in the paddock; 100m. sprinters check in with the clerk in the infield about 35 to 40 minutes before your race. **Events often run early, they won't hold the race, so stay alert to the progress of the races. Due to construction at Franklin Field there will be changes to access, I will forward details with the acceptance letters.**

**Age Verification:** Be prepared to verify your age if asked. Do not run if you are under the correct age on the day of the race; be prepared to be suspended (with your team) for many years if you are in violation.

### Hotels:

Call Central Reservations at 1-877-968-9466.

## **Penn Relays 2011**

### **Masters Individual entry form**

*Use this form for Masters Individual 100-meter dash entries only – one form per entry.*

**(Make sure you sign the statement at the bottom of the page)**

**Non-refundable application fee:                      \$20 per individual**

*make checks payable to **Philadelphia Masters**.*

*Mail application and fee to Phil Felton, 413 Alexander St., Princeton, NJ 08540  
to be received by Friday April 8, 2011.*

**Name:**

**Date of Birth (MM/DD/YY):**

**Complete Address:**

**Telephone:**

**Cell phone**

**E-mail address:**

**Club:**

**CIRCLE YOUR AGE GROUP:**

<b>men</b>	<b>40+,</b>	<b>45+,</b>	<b>50+,</b>	<b>55+,</b>	<b>60+,</b>	<b>65+,</b>	<b>70+,</b>	<b>75+</b>
<b>women</b>	<b>40+,</b>	<b>45+,</b>	<b>50+,</b>	<b>55+,</b>	<b>60+,</b>	<b>65+,</b>	<b>70+,</b>	<b>75+</b>

I ran the following times between January 1, 2010 and March 31, 2011:

Event	Meet	Month/Year	Time (indicate FAT or hand)
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**Coach, captain, or responsible athlete must read the following statement and sign in the space provided:**

I certify that the athlete above is eligible to compete in the Penn Relay Carnival in accordance with the rules of eligibility of USA Track & Field and acknowledge that he/she may be drug tested.

(signed) \_\_\_\_\_

Print name: \_\_\_\_\_

## **Penn Relays 2011**

### **Masters Relay Entries (for 4 x 100 or 4 x 400)**

*Use this form for Masters Relay entries only – one form per relay.*  
**(Make sure you sign the statement at the bottom of the page)**

**Non-refundable application fee:                      \$35 per relay**

*make checks payable to **Philadelphia Masters**.*

*Mail application and fee to Phil Felton, 413 Alexander St., Princeton, NJ 08540  
to be received by Friday April 8, 2011.*

**Name of Team:**

USATF-registered ? Yes or no:

**Captain's Name**  
**Address**

**Telephone**  
**Cell phone**  
**E-mail:**

**CIRCLE TEAM AGE GROUP:**

<b>men</b>	<b>40+,</b>	<b>50+,</b>	<b>60+,</b>	<b>70+</b>
<b>women</b>	<b>40+,</b>	<b>50+,</b>	<b>60+,</b>	<b>70+</b>

**Event (4x100 or 4x400):**\_\_\_\_\_

Team members (name, date of birth, and city and state of residence):

**Note: You are limited to these runners.**

leadoff: \_\_\_\_\_  
second: \_\_\_\_\_  
third: \_\_\_\_\_  
anchor: \_\_\_\_\_  
alternate I: \_\_\_\_\_  
alternate II \_\_\_\_\_

Past Performances:

\_\_\_\_\_  
\_\_\_\_\_

**Coach, captain, or responsible athlete must read the following statement and sign in the space provided:**

I certify that the athletes above are eligible to compete in the Penn Relay Carnival in accordance with the rules of eligibility of USA Track & Field and acknowledge that they may be drug tested.

(signed) \_\_\_\_\_ Print name: \_\_\_\_\_