

2011 National Senior Games

Age Groups 65 & over

This will be a rolling schedule, times below are estimates. Please be sure to check -in an hour prior to competition.

June 20th				
June 20th	PRACTICE	During the hours of competition, but MUST NOT interfere with competition. Limited javelin practice		
June 21st				
Date	Event	Age Division	Location	Start Time
June 21st	Hammer Throw	Men 65-69	Ring 1	7:00 AM
June 21st	Hammer Throw	Women 65-74	Ring 1	8:10 AM
June 21st	Hammer Throw	Men 70-74	Ring 1	9:45 AM
June 21st	Hammer Throw	Women 75+	Ring 1	10:45 AM
June 21st	Hammer Throw	Men 75-79	Ring 1	12:20 AM
June 21st	Hammer Throw	Men 80-84	Ring 1	1:50 PM
June 21st	Hammer Throw	Men 85+	Ring 1	3:00 PM
June 21st	Triple Jump	Men 80+	Pit 1	7:30 AM
June 21st	Triple Jump	Men 75-79	Pit 1	8:45 AM
June 21st	Triple Jump	Men 70-74	Pit 1	11:15 AM
June 21st	Triple Jump	Men 65-69	Pit 2	11:50 AM
June 21st	Triple Jump	Women 80+	Pit 2	8:00 AM
June 21st	Triple Jump	Women 75-79	Pit 2	9:00 AM
June 21st	Triple Jump	Women 65-74	Pit 2	10:15 AM
June 21st	400m Prelim	Men 90+	Track	Straight Final
June 21st	400m Prelim	Men 85-89	Track	Straight Final
June 21st	400m Prelim	Men 80-84	Track	8:00 AM
June 21st	400m Prelim	Men 75-79	Track	8:15 AM
June 21st	400m Prelim	Men 70-74	Track	8:30 AM
June 21st	400m Prelim	Men 65-69	Track	8:50 AM
June 21st	400m Prelim	Women 85-89	Track	Straight Final
June 21st	400m Prelim	Women 80-84	Track	Straight Final
June 21st	400m Prelim	Women 75-79	Track	9:15 AM
June 21st	400m Prelim	Women 70-74	Track	9:30 AM
June 21st	400m Prelim	Women 65-69	Track	9:40 AM
June 21st	100m Prelim	Men 90+	Track	Straight Final
June 21st	100m Prelim	Men 85-89	Track	10:10 AM
June 21st	100m Prelim	Men 80-84	Track	10:15 AM
June 21st	100m Prelim	Men 75-79	Track	10:25 AM
June 21st	100m Prelim	Men 70-74	Track	10:40 AM
June 21st	100m Prelim	Men 65-69	Track	10:55 AM
June 21st	100m Prelim	Women 90+	Track	Straight Final
June 21st	100m Prelim	Women 85-89	Track	10:10 AM
June 21st	100m Prelim	Women 80-84	Track	10:15 AM
June 21st	100m Prelim	Women 75-79	Track	10:25 AM
June 21st	100m Prelim	Women 70-74	Track	10:40 AM
June 21st	100m Prelim	Women 65-69	Track	10:55 AM
June 21st	400m Semi	Men 90+	Track	Straight Final
June 21st	400m Semi	Men 85-89	Track	Straight Final
June 21st	400m Semi	Men 80-84	Track	Straight Final
June 21st	400m Semi	Men 75-79	Track	Straight Final
June 21st	400m Semi	Men 70-74	Track	12:00 PM
June 21st	400m Semi	Men 65-69	Track	12:00 PM
June 21st	100m Semi	Men 80-84	Track	12:20 PM
June 21st	100m Semi	Men 75-79	Track	12:30 PM

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June 21st	100m Semi	Men 70-74	Track	12:35 PM
June 21st	100m Semi	Men 65-69	Track	12:40 PM
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June 22nd				
Date	Event	Age Division	Location	Start Time
June 22nd	Long Jump	Men 85+	Pit 1	7:00 AM
June 22nd	Long Jump	Men 80-84	Pit 1	8:00 AM
June 22nd	Long Jump	Men 75-79	Pit 1	10:00 AM
June 22nd	Long Jump	Men 70-74	Pit 1	1:15 PM
June 22nd	Long Jump	Men 65-69	Pit 2	2:20 PM
June 22nd	Long Jump	Women 85+	Pit 2	7:00 AM
June 22nd	Long Jump	Women 80-84	Pit 2	8:00 AM
June 22nd	Long Jump	Women 75-79	Pit 2	9:15 AM
June 22nd	Long Jump	Women 70-74	Pit 2	11:20 AM
June 22nd	Long Jump	Women 65-69	Pit 2	12:50 PM
June 22nd	Shot Put	Men 65-69	Ring 1	7:00 AM
June 22nd	Shot Put	Men 70-74	Ring 1	9:20 AM
June 22nd	Shot Put	Men 75-79	Ring 1	1:00 PM
June 22nd	Shot Put	Men 80-84	Ring 1	3:30 PM
June 22nd	Shot Put	Men 85-89	Ring 1	5:45 PM
June 22nd	Shot Put	Men 90+	Ring 2	5:00 PM
June 22nd	Shot Put	Women 65-69	Ring 2	7:00 AM
June 22nd	Shot Put	Women 70-74	Ring 2	9:20 AM
June 22nd	Shot Put	Women 75-79	Ring 2	12:00 PM
June 22nd	Shot Put	Women 80-84	Ring 2	1:40 PM
June 22nd	Shot Put	Women 85+	Ring 2	3:00 PM
June 22nd	800 Prelim	Men 90+	Track	Straight Final
June 22nd	800 Prelim	Men 85-89	Track	Straight Final
June 22nd	800 Prelim	Men 80-84	Track	Straight Final
June 22nd	800 Prelim	Men 75-79	Track	8:30 AM
June 22nd	800 Prelim	Men 70-74	Track	8:45 AM
June 22nd	800 Prelim	Men 65-69	Track	8:55 AM
June 22nd	800 Prelim	Women 85-89	Track	Straight Final
June 22nd	800 Prelim	Women 80-84	Track	Straight Final
June 22nd	800 Prelim	Women 75-79	Track	Straight Final
June 22nd	800 Prelim	Women 70-74	Track	Straight Final
June 22nd	800 Prelim	Women 65-69	Track	Straight Final
June 22nd	100 Final	Women 90+	Track	9:30 AM
June 22nd	100 Final	Women 85-89	Track	
June 22nd	100 Final	Women 80-84	Track	
June 22nd	100 Final	Women 75-79	Track	
June 22nd	100 Final	Women 70-74	Track	
June 22nd	100 Final	Women 65-69	Track	
June 22nd	100 Final	Men 90+	Track	10:00 AM
June 22nd	100 Final	Men 85-89	Track	
June 22nd	100 Final	Men 80-84	Track	
June 22nd	100 Final	Men 75-79	Track	
June 22nd	100 Final	Men 70-74	Track	
June 22nd	100 Final	Men 65-69	Track	
June 22nd	PRACTICE	During the hours of competition, but MUST NOT interfere with competition.		

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June 23rd				
Date	Event	Age Division	Location	Start Time
June 23rd	High Jump	Men 85+	Jr 1	9:11 AM
June 23rd	High Jump	Men 80-84	Jr 2	9:39 AM
June 23rd	High Jump	Men 75-79 (A)	Pit 3	8:00 AM
June 23rd	High Jump	Men 75-79 (B)	Pit 4	8:00 AM
June 23rd	High Jump	Men 70-74 (A)	Pit 3	10:00 AM
June 23rd	High Jump	Men 70-74 (B)	Pit 4	10:00 AM
June 23rd	High Jump	Men 65-69 (A)	Pit 3	11:18 AM
June 23rd	High Jump	Men 65-69 (B)	Pit 4	11:18 AM
June 23rd	High Jump	Women 80+	Jr 1	8:00 AM
June 23rd	High Jump	Women 75-79	Jr 2	8:00 AM
June 23rd	High Jump	Women 70-74	Jr 1	10:30 AM
June 23rd	High Jump	Women 65-69	Jr 2	10:57 AM
June 23rd	Discus	Men 65-69	Ring 1	7:00 AM
June 23rd	Discus	Men 70-74	Ring 1	9:40 AM
June 23rd	Discus	Men 75-79	Ring 1	12:45 PM
June 23rd	Discus	Men 80-84	Ring 1	3:10 PM
June 23rd	Discus	Men 85-89	Ring 2	3:30 PM
June 23rd	Discus	Men 90+	Ring 2	4:50 PM
June 23rd	Discus	Women 65-69	Ring 2	7:00 AM
June 23rd	Discus	Women 70-74	Ring 2	8:50 AM
June 23rd	Discus	Women 75-79	Ring 2	11:00 AM
June 23rd	Discus	Women 80-84	Ring 2	12:40 PM
June 23rd	Discus	Women 85-89	Ring 2	2:00 PM
June 23rd	1500m	Men 80+	Track	7:00 AM
June 23rd	1500m	Men 75-79	Track	7:15 AM
June 23rd	1500m	Men 70-74	Track	7:30 AM
June 23rd	1500m	Men 65-69	Track	8:00 AM
June 23rd	1500m	Women 75+	Track	8:20 AM
June 23rd	1500m	Women 65-74	Track	8:40 AM
June 23rd	200m Prelims	Men 90+	Track	Straight Final
June 23rd	200m Prelims	Men 85-59	Track	9:00 AM
June 23rd	200m Prelims	Men 80-84	Track	
June 23rd	200m Semi	Men 75-79	Track	
June 23rd	200m Semi	Men 70-74	Track	9:20 AM
June 23rd	200m Semi	Men 65-69	Track	
June 23rd	200m Semi	Women 85-59	Track	Straight Final
June 23rd	200m Semi	Women 80-84	Track	Straight Final
June 23rd	200m Semi	Women 75-79	Track	10:15 AM
June 23rd	200m Semi	Women 70-74	Track	
June 23rd	200m Semi	Women 65-69	Track	
June 23rd	400m Finals	Men 90+	Track	10:45 AM
June 23rd	400m Finals	Men 85-89	Track	
June 23rd	400m Finals	Men 80-84	Track	
June 23rd	400m Finals	Men 75-79	Track	
June 23rd	400m Finals	Men 70-74	Track	
June 23rd	400m Finals	Men 65-69	Track	
June 23rd	400m Finals	Women 85-89	Track	
June 23rd	400m Finals	Women 80-84	Track	

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June 23rd	400m Finals	Women 75-79	Track	11:15 AM
June 23rd	400m Finals	Women 70-74	Track	
June 23rd	400m Finals	Women 65-69	Track	
June 23rd	200m Semi	Men 75-79	Track	12:10 PM
June 23rd	200m Semi	Men 70-74	Track	
June 23rd	200m Semi	Men 65-69	Track	
June 23rd	4x100 Relay	Men	Track	12:30 PM
June 23rd	4x100 Relay	Women	Track	12:45 PM
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June 24th				
Date	Event	Age Division	Location	Start Time
June 24th	Javelin	Men 65-69	Runway 1	7:00 AM
June 24th	Javelin	Men 70-74	Runway 1	9:25 AM
June 24th	Javelin	Men 75-79	Runway 1	12:15 PM
June 24th	Javelin	Men 80-84	Runway 1	2:30 PM
June 24th	Javelin	Men 85-89	Runway 1	4:50 PM
June 24th	Javelin	Men 90+	Runway 2	3:30 PM
June 24th	Javelin	Women 65-69	Runway 2	7:00 AM
June 24th	Javelin	Women 70-74	Runway 2	8:45 AM
June 24th	Javelin	Women 75-79	Runway 2	10:45 AM
June 24th	Javelin	Women 80-84	Runway 2	12:30 PM
June 24th	Javelin	Women 85+	Runway 2	2:00 PM
June 24th	Pole Vault	Men 80+	Pit 1	8:00 AM
June 24th	Pole Vault	Men 75-79	Pit 2	9:30 AM
June 24th	Pole Vault	Men 70-74	Pit 1	9:45 AM
June 24th	Pole Vault	Men 65-69	Pit 2	10:50 AM
June 24th	Pole Vault	Women 65+	Pit 2	8:00 AM
June 24th	1500m Race Walk	Women 80+	Track	7:00 AM
June 24th	1500m Race Walk	Women 70-79	Track	7:15 AM
June 24th	1500m Race Walk	Women 60-69	Track	7:30 AM
June 24th	1500m Race Walk	Women 50-59	Track	7:50 AM
June 24th	1500m Race Walk	Men 80+	Track	8:05 AM
June 24th	1500m Race Walk	Men 75-79	Track	8:30 AM
June 24th	1500m Race Walk	Men 70-74	Track	8:45 AM
June 24th	1500m Race Walk	Men 65-69	Track	9:05 AM
June 24th	1500m Race Walk	Men 60-64	Track	9:18 AM
June 24th	1500m Race Walk	Men 50-59	Track	9:30 AM
June 24th	800m Final	Women 80+	Track	9:55 AM
June 24th	800m Final	Women 75-79	Track	10:05 AM
June 24th	800m Final	Women 70-74	Track	10:15 AM
June 24th	800m Final	Women 65-69	Track	10:25 AM
June 24th	800m Final	Men 85+	Track	10:30 AM
June 24th	800m Final	Men 80-84	Track	10:45 AM
June 24th	800m Final	Men 75-79	Track	11:00 AM
June 24th	800m Final	Men 70-74	Track	11:10 AM
June 24th	800m Final	Men 65-69	Track	11:20 AM
June 24th	200m Final	Women 85+	Track	11:30 AM
June 24th	200m Final	Women 80-84	Track	
June 24th	200m Final	Women 75-79		
June 24th	200m Final	Women 70-74	Track	
June 24th	200m Final	Women 65-69		
June 24th	200m Final	Men 85+	Track	12:00 PM
June 24th	200m Final	Men 80-84	Track	
June 24th	200m Final	Men 75-79		
June 24th	200m Final	Men 70-74	Track	
June 24th	200m Final	Men 65-69		
June 24th	1500m Power Walk	All Women	Track	12:15 PM
June 24th	1500m Power Walk	All Men	Track	12:45 PM