

2011 National Senior Games

50-64 Age Groups

This will be a rolling schedule, times below are estimates. Please be sure to check -in an hour prior to competition.

Date	Event	Age Division	Start Time
June 16th	Practice		10am-2pm
June 17th			
Date	Event	Age Division	Start Time
June 17th	Hammer Throw	Men 50-54	7:00 AM
June 17th	Hammer Throw	Women 50-59	7:45 AM
June 17th	Hammer Throw	Men 55-59	9:45 AM
June 17th	Hammer Throw	Men 60-64	11:15 AM
June 17th	Hammer Throw	Women 60-64	12:15 PM
June 17th	Triple Jump	Men 60-64	8:00 AM
June 17th	Triple Jump	Men 55-59	10:00 AM
June 17th	Triple Jump	Men 50-54	10:45 AM
June 17th	Triple Jump	Women 60-64	8:00 AM
June 17th	Triple Jump	Women 50-59	9:00 AM
June 17th	400m Prelim	Men 60-64	8:00 AM
June 17th	400m Prelim	Men 55-59	8:15 AM
June 17th	400m Prelim	Men 50-54	8:35 AM
June 17th	400m Prelim	Women 60-64	Semi Only
June 17th	400m Prelim	Women 55-59	8:50 AM
June 17th	400m Prelim	Women 50-54	Semi Only
June 17th	100m Prelim	Men 60-64	9:30 AM
June 17th	100m Prelim	Men 55-59	9:40 AM
June 17th	100m Prelim	Men 50-54	10:00 AM
June 17th	100m Prelim	Women 60-64	10:20 AM
June 17th	100m Prelim	Women 55-59	10:30 AM
June 17th	100m Prelim	Women 50-54	10:45 AM
June 17th	400m Semi	Men 60-64	11:00 AM
June 17th	400m Semi	Men 55-59	11:15 AM
June 17th	400m Semi	Men 50-54	11:20 AM
June 17th	400m Semi	Women 60-64	11:30 AM
June 17th	400m Semi	Women 55-59	11:40 AM
June 17th	400m Semi	Women 50-54	11:50 AM
June 17th	100m Semi	Men 60-64	12:00 PM
June 17th	100m Semi	Men 55-59	
June 17th	100m Semi	Men 50-54	
June 17th	100m Semi	Women 60-64	12:15 PM
June 17th	100m Semi	Women 55-59	
June 17th	100m Semi	Women 50-54	
June 17th	PRACTICE	During the hours of competition, but MUST NOT interfere with competition. No Javelin practice	

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June 18th			
Date	Event	Age Division	Start Time
June 18th	Long Jump	Men 60-64	7:00 AM
June 18th	Long Jump	Men 55-59	9:00 AM
June 18th	Long Jump	Men 50-54	11:30 AM
June 18th	Long Jump	Women 60-64	7:00 AM
June 18th	Long Jump	Women 55-59	8:50 AM
June 18th	Long Jump	Women 50-54	11:15 AM
June 18th	Shot Put	Men 50-54	7:00 AM
June 18th	Shot Put	Men 55-59	8:30 AM
June 18th	Shot Put	Men 60-64	11:40 AM
June 18th	Shot Put	Women 50-54	7:00 AM
June 18th	Shot Put	Women 55-59	8:30 AM
June 18th	Shot Put	Women 60-64	11:15 AM
June 18th	800 Prelim	Women 60-64	Straight Final
June 18th	800 Prelim	Women 55-59	Straight Final
June 18th	800 Prelim	Women 50-54	Straight Final
June 18th	800 Prelim	Men 60-64	8:30 AM
June 18th	800 Prelim	Men 55-59	8:40 AM
June 18th	800 Prelim	Men 50-54	8:50 AM
June 18th	100 Final	Women 60-64	9:15 AM
June 18th	100 Final	Women 55-59	
June 18th	100 Final	Women 50-54	
June 18th	100 Final	Men 60-64	9:25 AM
June 18th	100 Final	Men 55-59	
June 18th	100 Final	Men 50-54	
June 18th	PRACTICE	During the hours of competition, but MUST NOT interfere with competition.	

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June 19th			
Date	Event	Age Division	Start Time
June 19th	High Jump	Men 60-64 (A)	8:30 AM
June 19th	High Jump	Men 60-64 (B)	8:30 AM
June 19th	High Jump	Men 55-59 (A)	9:45 AM
June 19th	High Jump	Men 55-59 (B)	9:45 AM
June 19th	High Jump	Men 50-54	9:45 AM
June 19th	High Jump	Women 60-64	8:30 AM
June 19th	High Jump	Women 55-59	8:30 AM
June 19th	High Jump	Women 50-54	9:45 AM
June 19th	Discus	Men 50-54	7:00 AM
June 19th	Discus	Men 55-59	8:45 AM
June 19th	Discus	Men 60-64	11:20 AM
June 19th	Discus	Men 50-54	7:00 AM
June 19th	Discus	Women 55-59	8:00 AM
June 19th	Discus	Women 60-64	10:30 AM
June 19th	1500m	Women 60-64	7:30 AM
June 19th	1500m	Women 55-59	
June 19th	1500m	Women 50-54	
June 19th	1500m	Men 60-64	8:00 AM
June 19th	1500m	Men 55-59	
June 19th	1500m	Men 50-54	
June 19th	200m Prelims	Men 60-64	8:30 AM
June 19th	200m Prelims	Men 55-59	
June 19th	200m Prelims	Men 50-54	
June 19th	200m Semi	Women 60-64	9:30 AM
June 19th	200m Semi	Women 55-59	
June 19th	200m Semi	Women 50-54	
June 19th	400m Finals	Men 60-64	10:00 AM
June 19th	400m Finals	Men 55-59	
June 19th	400m Finals	Men 50-54	
June 19th	400m Finals	Women 60-64	10:15 AM
June 19th	400m Finals	Women 55-59	
June 19th	400m Finals	Women 50-54	
June 19th	4x100 Relay	Women	11:00 AM
June 19th	4x 100 Relay	Men	
June 19th	200m Semi	Men	11:20 AM
June 19th	200m Semi	Men	
June 19th	200m Semi	Men	
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June 20th			
Date	Event	Age Division	Start Time
June 20th	Javelin	Men 60-64	7:00 AM
June 20th	Javelin	Men 55-59	9:00 AM
June 20th	Javelin	Men 50-54	12:00 PM
June 20th	Javelin	Women 60-64	7:00 AM
June 20th	Javelin	Women 55-59	8:45 AM
June 20th	Javelin	Women 50-54	10:30 AM
June 20th	Pole Vault	Men 60-64	8:30 AM
June 20th	Pole Vault	Men 55-59	9:45 AM
June 20th	Pole Vault	Men 50-54	9:45 AM
June 20th	Pole Vault	Women 50-64	8:30 AM
June 20th	800m Final	Women 60-64	8:30 AM
June 20th	800m Final	Women 55-59	
June 20th	800m Final	Women 50-54	
June 20th	800m Final	Men 60-64	9:00 AM
June 20th	800m Final	Men 55-59	
June 20th	800m Final	Men 50-54	
June 20th	200m Final	Women 60-64	9:45 AM
June 20th	200m Final	Women 55-59	
June 20th	200m Final	Women 50-54	
June 20th	200m Final	Men 60-64	10:15 AM
June 20th	200m Final	Men 55-59	
June 20th	200m Final	Men 50-54	
June 20th	PRACTICE	During the hours of competition, but MUST NOT interfere with competition. No Javelin practice	