

# WINTER TRACK SERIES ALL-COMERS MEET

SATURDAY, JANUARY 17, 2015

@

SWEETWATER HIGH SCHOOL

2900 Highland Avenue-National City, CA 91950

*Meet #3 of 2014-2015 San Diego Track Club Winter Track Classic Series*

**GATE-REGISTRATION-CHECK IN OPEN:** 7:00am

**RACE WALK:** 7:30am

**5000 METER RUN:** 8:30am

*Note: Rolling Schedule, Approximate Start Times*



## **TRACK EVENT:**

3000 & 5000 METER RACE WALK (held concurrently)

5000 METER RUN

100 METER DASH

800 METER RUN

100/110 HURDLES

400 METER DASH

MILE RUN

4 X 400 RELAY

## **FIELD EVENTS:**

LONG JUMP

HIGH JUMP

SHOT PUT

***Competitors of all ages and abilities welcome!***

***\$5.00 for one event***

***\$7.00 for two/three events***

***Spectators are free***

***New 8 - Lane All Weather Track***

***Four Horizontal jumps / throws per entrant***

***New Shot Put Ring***

***Please bring your own throwing implements.***

***Finish Linx Timing***

***3/16" needle point spikes only***

**CONTACT:** Tim Latham (619) 474-9734

**ENTRY:** pre-entries may be sent to [robert.latham@sweetwaterschools.org](mailto:robert.latham@sweetwaterschools.org)  
or sign up morning of the meet

**PARKING ON AREA STREETS AND NORTHEAST CAMPUS PARKING LOT  
REGISTRATION AT STADIUM WEST SIDE GATE ('D' STREET)**