

2016 Masters Penn Relays Information

Contact Information:

Phil Felton, the volunteer masters coordinator, 413 Alexander St., Princeton, NJ 08540 will take calls at 609-651-2251 (voice mail), and can also be contacted by e. mail at felton@princeton.edu. Penn Relays office is in Hutchinson Gym, University of Pennsylvania, Philadelphia, PA 19104-6322; phone (215) 898-6145 or 898-6154. Meet Director is Dave Johnson.

Entry:

\$35.00 per team, \$20.00 for individual event.

For Masters entries - *make checks payable to Philadelphia Masters.*

For Masters entries – mail to Phil Felton, 413 Alexander St, Princeton NJ 08540

If not *received* by 5:00 pm, Friday, April 8th, by Phil Felton you risk having your entry rejected.

Pursuant to Penn Relay rules, this is an application fee and is not refundable.

Basic information:

Penn Relays Masters events are for men and women **aged 40+** on the day of competition.

The meet is conducted at the University of Pennsylvania's historic Franklin Field,

33rd and South Streets, Philadelphia. Ten-lane straightaway, 1/4" spikes or less.

Masters events in 2013 are on April 29 and 30 (**Friday and Saturday**)

Provisional Timetable

Friday 3:10-3:25 p.m.: 100 dash (seven races) for men 40+, 45+, 50+, 55+, 60+, 65+, 70+

100 dash for women 40+

Friday 5:20 p.m.: 4 x 100, men 40+

Friday 5:22 p.m.: 4 x 100, mixed 50+

Friday 5:25 p.m.: 4 x 100, mixed 60+

4 x 100, mixed 70+

Friday 7:10 p.m.: 4 x 400, men 50+

Friday 7:15 p.m.: 4 x 400, women 40+

Saturday 3:40 p.m.: 100 dash, men 75+, **second heat mixed 80+**

Saturday 5:20 p.m.: 4 x 400 for men 40+

Awards for first, second, and third places.

ALL SCHEDULE TIMES ARE TENTATIVE. Please stay alert to the possibility of changes!

Qualifications:

M40, M45, M50, M55, M60, M65 & M70 100m. dashes are for elite sprinters. Preference given to competitors with excellent marks in meets between January 2013 and March 2014. For M75+ 100m. we will consider any sprinter who has run 18.8 (hand) or 19.04 (FAT) since January 2013.

Relay teams: Best available teams will be taken for the 4 x 100 races. *Any* team with a qualifying time of 4:48.0 or better can run in the M50+ 4 x 400 on Friday evening. The Saturday afternoon 4 x 400 for men 40+ is very competitive; don't enter if you haven't run 3:44.0 (56.0 per man).

RELAY RULES: Each team entry will be carefully scrutinized by the Penn Relays Masters Committee with two goals in mind: (a) promoting fair competition, and (b) ensuring full fields in both the relays and the individual dashes. **On the entry form, you need to list the 6 members of your team.** *Beginning in 1998 the Penn Relays rule-book has stated that the 4 runners who actually compete for each masters team must be drawn from its list of 6 or the team will risk being disqualified immediately (in the event of unforeseen circumstances occurring contact Phil. Felton asap). Also a runner can not be listed to run for two clubs, if this occurs I will approach the coaches of the two teams prior to seeding in order to resolve the dispute.*

Check-in:

If you are accepted, you or your team (plus coach) will be able to collect competitor's tickets at the Master's table, please try to collect your packages in a timely manner as it will be difficult for us to man the table at all times. We hope to man the table from 12:00 until 3:00pm on Friday and 8:00 until 1:00pm on Saturday (building closing time).

Relay teams check in 20 minutes before race in the paddock; 100m. sprinters check in with the clerk in the infield about 35 to 40 minutes before your race near the start of the 100m. **Events often run early, they won't hold the race, so stay alert to the progress of the races.**

Age Verification:

Be prepared to verify your age if asked. **Do not run if you are under the correct age on the day of the race;** be prepared to be suspended (with your team) for many years if you are in violation.

Hotels:

Call Central Reservations at 1-877-968-9466.

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Masters Individual entry form

Use this form for Masters Individual 100-meter dash entries only – one form per entry.
(Make sure you sign the statement at the bottom of the page)

Non-refundable application fee: **\$20 per individual**

*make checks payable to **Philadelphia Masters**.*

Mail application and fee to Phil Felton, 413 Alexander St, Princeton, NJ 08540
to be received by Friday April 8, 2016.

Name:

Date of Birth (MM/DD/YY):

Complete Address:

Telephone:

Cell phone

E-mail address:

Club:

CIRCLE YOUR AGE GROUP:

men	40+,	45+,	50+,	55+,	60+,	65+,	70+,	75+
women	40+,	45+,	50+,	55+,	60+,	65+,	70+,	75+

I ran the following times between January 1, 2015 and March 31, 2016:

Event	Meet	Month/Year	Time (indicate FAT or hand)
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Please add a link where the result may be found:

Coach, captain, or responsible athlete must read the following statement and sign in the space provided:

I certify that the athlete above is eligible to compete in the Penn Relay Carnival in accordance with the rules of eligibility of USA Track & Field and acknowledge that he/she may be drug tested.

(signed) _____ Print name: _____

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Masters Relay Entries (for 4 x 100 or 4 x 400)

Use this form for Masters Relay entries only – one form per relay.

(Make sure you sign the statement at the bottom of the page)

Non-refundable application fee: \$35 per relay

*make checks payable to **Philadelphia Masters**.*

*Mail application and fee to Phil Felton, 413 Alexander St, Princeton, NJ 08540
to be received by Friday April 8, 2016.*

Name of Team:

USATF-registered ? Yes or no:

Captain's Name

Address

Telephone

Cell phone

E-mail:

CIRCLE TEAM AGE GROUP:

men 40+, 50+, 60+, 70+

women 40+, 50+, 60+, 70+

Event (4x100 or 4x400): _____

Team members (name, date of birth, and city and state of residence):

Note: You are limited to these runners.

leadoff: _____

second: _____

third: _____

anchor: _____

alternate I: _____

alternate II _____

Past Performances: _____

Please add a link where the result may be found:

Coach, captain, or responsible athlete must read the following statement and sign in the space provided:

I certify that the athletes above are eligible to compete in the Penn Relay Carnival in accordance with the rules of eligibility of USA Track & Field and acknowledge that they may be drug tested.

(signed) _____ Print name: _____