

Notes:

- Pentathlons only show start of the first event. All other Pentathlon events follow on a rolling, 30 minutes between, events schedule. Final events (800 and 1000 meters) will be contested between other scheduled events as needed.
- Events are women first, then men, oldest to youngest for both genders.
- Track event athletes scheduled at the same time will all declare as a group based on the listed start time and then the event will proceed at a natural rate in the women, then men, oldest to youngest order. Each athlete will know when their particular heat will be conducted by knowing the sequence of heats and following the flow of the current heats being contested.

Session: 1 Friday Track

Day 1 Friday 3/20/2015 Starts at 08:00 AM

Event Round

8:00 AM	#441	Indoor Pentathlon: #1 W3559 60 Meter Hurdles	Finals
8:15 AM	#442	Indoor Pentathlon: #1 W6084 60 Meter Hurdles	Finals
8:30 AM	#949	Indoor Pentathlon: #1 M7084 60 Meter Hurdles	Finals
8:45 AM	#948	Indoor Pentathlon: #1 M6069 60 Meter Hurdles	Finals
9:45 AM	#945	Indoor Pentathlon: #1 M5059 60 Meter Hurdles	Finals
12:30 PM	#941	Indoor Pentathlon: #1 M3049 60 Meter Hurdles	Finals
10:00 AM	#53	W7589 400 Meter Dash	Finals
10:00 AM	#52	W70 400 Meter Dash	Finals
10:00 AM	#51	W65 400 Meter Dash	Finals
10:00 AM	#47	W60 400 Meter Dash	Finals
10:00 AM	#46	W55 400 Meter Dash	Finals
10:00 AM	#45	W50 400 Meter Dash	Finals
10:00 AM	#44	W45 400 Meter Dash	Finals
10:00 AM	#43	W40 400 Meter Dash	Finals

10:00 AM	#42	W35 400 Meter Dash Finals	
10:00 AM	#41	W30 400 Meter Dash Finals	
11:00 AM	#552	M8599 400 Meter Dash	Finals
11:00 AM	#551	M80 400 Meter Dash Finals	
11:00 AM	#550	M75 400 Meter Dash Finals	
11:00 AM	#549	M70 400 Meter Dash Finals	
11:00 AM	#548	M65 400 Meter Dash Finals	
11:00 AM	#547	M60 400 Meter Dash Finals	
11:00 AM	#546	M55 400 Meter Dash Finals	
11:00 AM	#545	M50 400 Meter Dash Finals	
11:00 AM	#544	M45 400 Meter Dash Finals	
11:00 AM	#543	M40 400 Meter Dash Finals	
11:00 AM	#542	M35 400 Meter Dash Finals	
11:00 AM	#541	M30 400 Meter Dash Finals	
1:00 PM	#104	W6079 3000 Meter Run	Finals
1:00 PM	#103	W5059 3000 Meter Run	Finals
1:00 PM	#101	W3049 3000 Meter Run	Finals
2:30 PM	#609	M7094 3000 Meter Run	Finals
2:30 PM	#608	M65 3000 Meter Run Finals	
2:30 PM	#607	M60 3000 Meter Run Finals	
4:30 PM	#606	M55 3000 Meter Run Finals	
4:30 PM	#604	M4554 3000 Meter Run	Finals
4:30 PM	#603	M3044 3000 Meter Run	Finals

Session: 2 Friday Field
Day 1 Friday 3/20/2015 Starts at 08:00 AM

Event Round

8:00 AM	#847	M6069 Weight Throw	Finals
8:00 AM	#849	M7079 Weight Throw	Finals
9:15 AM	#869	M7079 Super Weight	Finals
9:30 AM	#867	M6069 Super Weight	Finals
1:15 PM	#851	M8099 Weight Throw	Finals
2:45 PM	#871	M8099 Super Weight	Finals
3:30 PM	#261	W3084 Pole Vault	Finals

Session: 4 Saturday Field
Day 2 Saturday 3/21/2015 Starts at 08:00 AM

Event Round

8:00 AM	#846	M55 Weight Throw	Finals
8:00 AM	#330	W7584 Shot Put	Finals
8:00 AM	#210	W7084 Long Jump	Finals
8:00 AM	#710	M8094 Long Jump	Finals
8:00 AM	#766	M6589 Pole Vault	Finals
8:45 AM	#328	W6074 Shot Put	Finals
9:00 AM	#208	W6069 Long Jump	Finals
9:00 AM	#709	M7079 Long Jump	Finals
9:15 AM	#866	M55 Super Weight	Finals

10:00 AM	#750	M7099 High Jump	Finals
10:00 AM	#748	M6069 High Jump	Finals
10:15 AM	#326	W5059 Shot Put	Finals
10:15 AM	#708	M65 Long Jump	Finals
10:30 AM	#845	M50 Weight Throw	Finals
10:30 AM	#207	W5059 Long Jump	Finals
11:00 AM	#764	M5564 Pole Vault	Finals
11:30 AM	#707	M60 Long Jump	Finals
11:45 AM	#865	M50 Super Weight	Finals
11:45 AM	#322	W3049 Shot Put	Finals
1:00 PM	#840	M3049 Weight Throw	Finals
1:00 PM	#201	W3049 Long Jump	Finals
1:30 PM	#831	M8099 Shot Put	Finals
1:30 PM	#706	M55 Long Jump Pit A	Finals
1:30 PM	#747	M5059 High Jump	Finals
1:30 PM	#741	M3049 High Jump	Finals
2:15 PM	#860	M3049 Super Weight	Finals
2:30 PM	#703	M45 Long Jump	Finals
2:45 PM	#829	M7079 Shot Put	Finals
3:00 PM	#705	M50 Long Jump Pit A	Finals
3:30 PM	#763	M3054 Pole Vault	Finals
4:00 PM	#828	M65 Shot Put	Finals
4:00 PM	#701	M3044 Long Jump	Finals

5:15 PM #827 M60 Shot Put Finals

Session: 3 Saturday Track

Day 2 Saturday 3/21/2015 Starts at 09:00 AM

Event Round

9:00 AM	#6	W55 60 Meter Dash	Prelims
9:00 AM	#5	W50 60 Meter Dash	Prelims
9:00 AM	#4	W45 60 Meter Dash	Prelims
9:00 AM	#511	M80 60 Meter Dash	Prelims
9:00 AM	#509	M70 60 Meter Dash	Prelims
9:30 AM	#508	M65 60 Meter Dash	Prelims
9:30 AM	#507	M60 60 Meter Dash	Prelims
9:30 AM	#506	M55 60 Meter Dash	Prelims
9:30 AM	#505	M50 60 Meter Dash	Prelims
9:30 AM	#504	M45 60 Meter Dash	Prelims
9:30 AM	#503	M40 60 Meter Dash	Prelims
9:30 AM	#502	M35 60 Meter Dash	Prelims
10:30 AM	#86	W6084 1 Mile Run	Finals
10:30 AM	#84	W5059 1 Mile Run	Finals
10:30 AM	#83	W45 1 Mile Run	Finals
10:30 AM	#82	W3044 1 Mile Run	Finals
11:00 AM	#591	M8094 1 Mile Run	Finals
11:00 AM	#589	M7079 1 Mile Run	Finals

11:00 AM	#588	M65 1 Mile Run	Finals
11:00 AM	#587	M60 1 Mile Run	Finals
11:30 AM	#586	M55 1 Mile Run	Finals
11:30 AM	#585	M50 1 Mile Run	Finals
11:30 AM	#584	M45 1 Mile Run	Finals
11:30 AM	#583	M40 1 Mile Run	Finals
11:30 AM	#581	M3039 1 Mile Run	Finals
1:00 PM	#14	W8089 60 Meter Dash	Finals
1:00 PM	#11	W75 60 Meter Dash	Finals
1:00 PM	#10	W70 60 Meter Dash	Finals
1:00 PM	#8	W65 60 Meter Dash	Finals
1:00 PM	#7	W60 60 Meter Dash	Finals
1:00 PM	#6	W55 60 Meter Dash	Finals
1:00 PM	#5	W50 60 Meter Dash	Finals
1:00 PM	#4	W45 60 Meter Dash	Finals
1:00 PM	#3	W40 60 Meter Dash	Finals
1:00 PM	#2	W35 60 Meter Dash	Finals
1:00 PM	#1	W30 60 Meter Dash	Finals
1:30 PM	#513	M9099 60 Meter Dash	Finals
1:30 PM	#512	M85 60 Meter Dash	Finals
1:30 PM	#511	M80 60 Meter Dash	Finals
1:30 PM	#510	M75 60 Meter Dash	Finals
1:30 PM	#509	M70 60 Meter Dash	Finals

1:30 PM	#508	M65 60 Meter Dash	Finals
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1:30 PM	#507	M60 60 Meter Dash	Finals
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1:30 PM	#506	M55 60 Meter Dash	Finals
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Session: 3 Saturday Track

Day 2 Saturday 3/21/2015 Starts at 09:00 AM

1:30 PM	#505	M50 60 Meter Dash	Finals
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1:30 PM	#504	M45 60 Meter Dash	Finals
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1:30 PM	#503	M40 60 Meter Dash	Finals
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1:30 PM	#502	M35 60 Meter Dash	Finals
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1:30 PM	#501	M30 60 Meter Dash	Finals
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2:30 PM	#647	M60 60 Meter Hurdles	Prelims
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2:30 PM	#646	M55 60 Meter Hurdles	Prelims
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2:30 PM	#148	W7084 60 Meter Hurdles	Finals
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2:30 PM	#147	W6069 60 Meter Hurdles	Finals
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2:30 PM	#651	M8094 60 Meter Hurdles	Finals
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2:30 PM	#650	M75 60 Meter Hurdles	Finals
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2:30 PM	#649	M70 60 Meter Hurdles	Finals
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2:30 PM	#146	W55 60 Meter Hurdles	Finals
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2:30 PM	#145	W50 60 Meter Hurdles	Finals
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3:00 PM	#142	W4049 60 Meter Hurdles	Finals
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3:00 PM	#648	M65 60 Meter Hurdles	Finals
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3:00 PM	#647	M60 60 Meter Hurdles	Finals
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3:00 PM	#141	W3039 60 Meter Hurdles	Finals
3:00 PM	#646	M55 60 Meter Hurdles	Finals
3:00 PM	#645	M50 60 Meter Hurdles	Finals
3:00 PM	#644	M45 60 Meter Hurdles	Finals
3:00 PM	#643	M40 60 Meter Hurdles	Finals
3:00 PM	#641	M3039 60 Meter Hurdles	Finals
3:30 PM	#481	W3079 4x200 Meter Relay Non Club	Finals
3:30 PM	#480	W3079 4x200 Meter Relay Club	Finals
4:00 PM	#981	M3099 4x200 Meter Relay Non Club	Finals
4:00 PM	#980	M3099 4x200 Meter Relay Club	Finals
4:30 PM	#461	W3079 4x800 Meter Relay Non Club	Finals
4:30 PM	#460	W3079 4x800 Meter Relay Club	Finals
5:00 PM	#961	M3089 4x800 Meter Relay Non Club	Finals
5:00 PM	#960	M3099 4x800 Meter Relay Club	Finals

Session: 6 Sunday Track

Day 3 Sunday 3/22/2015 Starts at 07:00 AM

	Event	Round	
7:00 AM	#401	W3074 3000 Meter Race Walk	Finals
8:00 AM	#908	M6594 3000 Meter Race Walk	Finals
9:00 AM	#903	M3564 3000 Meter Race Walk	Finals
10:00 AM	#28	W65 200 Meter Dash Prelims	
10:00 AM	#27	W60 200 Meter Dash Prelims	

10:00 AM	#26	W55 200 Meter Dash Prelims	
10:00 AM	#25	W50 200 Meter Dash Prelims	
10:00 AM	#23	W40 200 Meter Dash Prelims	
11:00 AM	#531	M80 200 Meter Dash Prelims	
11:00 AM	#529	M70 200 Meter Dash Prelims	
11:00 AM	#528	M65 200 Meter Dash Prelims	
11:00 AM	#527	M60 200 Meter Dash Prelims	
11:30 AM	#526	M55 200 Meter Dash Prelims	
11:30 AM	#525	M50 200 Meter Dash Prelims	
11:30 AM	#524	M45 200 Meter Dash Prelims	
11:30 AM	#523	M40 200 Meter Dash Prelims	
11:30 AM	#522	M35 200 Meter Dash Prelims	
11:30 AM	#521	M30 200 Meter Dash Prelims	
12:00 PM	#68	W7084 800 Meter Run	Finals
12:00 PM	#66	W6069 800 Meter Run	Finals
12:00 PM	#64	W55 800 Meter Run	Finals
12:00 PM	#62	W4554 800 Meter Run	Finals
12:00 PM	#61	W40 800 Meter Run	Finals
12:00 PM	#60	W3039 800 Meter Run	Finals
12:30 PM	#572	M8099 800 Meter Run	Finals
12:30 PM	#571	M75 800 Meter Run	Finals
12:30 PM	#569	M70 800 Meter Run	Finals
12:30 PM	#568	M65 800 Meter Run	Finals

12:30 PM	#567	M60 800 Meter Run	Finals
1:00 PM	#566	M55 800 Meter Run	Finals
1:00 PM	#565	M50 800 Meter Run	Finals
1:00 PM	#564	M45 800 Meter Run Pit A	Finals
1:00 PM	#563	M40 800 Meter Run Pit A	Finals
1:00 PM	#561	M3039 800 Meter Run	Finals
1:30 PM	#31	W8089 200 Meter Dash	Finals
1:30 PM #30	W75	200 Meter Dash	Finals
1:30 PM	#29	W70 200 Meter Dash	Finals
1:30 PM	#28	W65 200 Meter Dash	Finals
1:30 PM	#27	W60 200 Meter Dash	Finals
1:30 PM	#26	W55 200 Meter Dash	Finals
1:30 PM	#25	W50 200 Meter Dash	Finals
1:30 PM	#24	W45 200 Meter Dash	Finals
1:30 PM	#23	W40 200 Meter Dash	Finals
1:30 PM	#22	W35 200 Meter Dash	Finals

Session: 6 Sunday Track

Day 3 Sunday 3/22/2015 Starts at 07:00 AM

Event Round

1:30 PM	#21	W30 200 Meter Dash	Finals
2:00 PM	#533	M9099 200 Meter Dash	Finals
2:00 PM	#532	M85 200 Meter Dash	Finals
2:00 PM	#531	M80 200 Meter Dash	Finals

2:00 PM	#530	M75 200 Meter Dash	Finals
2:00 PM	#529	M70 200 Meter Dash	Finals
2:00 PM	#528	M65 200 Meter Dash	Finals
2:00 PM	#527	M60 200 Meter Dash	Finals
2:00 PM	#526	M55 200 Meter Dash	Finals
2:00 PM	#525	M50 200 Meter Dash	Finals
2:00 PM	#524	M45 200 Meter Dash	Finals
2:00 PM	#523	M40 200 Meter Dash	Finals
2:00 PM	#522	M35 200 Meter Dash	Finals
2:00 PM	#521	M30 200 Meter Dash	Finals
2:45 AM	#471	W3079 4x400 Meter Relay Non Club	Finals
2:45 AM	#470	W3089 4x400 Meter Relay Club	Finals
3:15 AM	#970	M3099 4x400 Meter Relay Non Club	Finals
3:15 AM	#962	M3089 4x400 Meter Relay Club	Finals

Session: 5 Sunday Field

Day 3 Sunday 3/22/2015 Starts at 08:00 AM

Event Round

8:00 AM	#336	W6084 Weight Throw	Finals
8:00 AM	#732	M7079 Triple Jump	Finals
8:00 AM	#826	M55 Shot Put	Finals
9:00 AM	#244	W6084 High Jump	Finals
9:00 AM	#224	W6084 Triple Jump	Finals

9:15 AM	#727	M6069 Triple Jump	Finals
9:30 AM	#348	W6084 Super Weight	Finals
9:30 AM	#825	M50 Shot Put	Finals
11:00 AM	#332	W3059 Weight Throw	Finals
11:00 AM	#824	M45 Shot Put	Finals
11:00 AM	#221	W3059 Triple Jump	Finals
11:00 AM	#724	M5059 Triple Jump	Finals
11:30 AM	#241	W3059 High Jump	Finals
12:30 PM	#341	W3059 Super Weight	Finals
12:30 PM	#821	M3044 Shot Put	Finals
1:00 PM	#721	M3049 Triple Jump	Finals